

Food When You Need It

A Guide to Food Resources in our
Community

Naugatuck and Beacon Falls

As of June 30th 2016



A guide from United Way of Naugatuck and Beacon Falls

ACKNOWLEDGMENTS

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About This Guide

This guide was developed as part of a report on hunger and food security commissioned by the United Way of Naugatuck and Beacon Falls and the Naugatuck Partnership for Children Food Security Task Force. Its purpose is to provide an overview of the food resources available in our communities of Naugatuck and Beacon Falls, and to communicate the ways that you can help others or help yourselves to access food when you need it.

A Few Facts about Food Security

Food security is defined as the ability to reliably access a sufficient amount of affordable and nutritious food.

One in seven children in the United States suffers from food insecurity. In Connecticut, the most recent statistics on food insecurity state the number of individuals living at or below the federal poverty level is 10%. That means over 359,000 individuals in this state alone lack the ability to access affordable and nutritious food on a regular basis. In Naugatuck and Beacon Falls that number translates to almost 3,000 people, with over 26% under the age of 18. With a total population of almost 38,000 people between the two valley towns, almost 1,000 of those individuals are children who go to bed hungry.

The Ecumenical Food Bank in Naugatuck served 8,875 people, 110,880 meals, 707 families and distributed 15,814 bags of food and 283 Holiday baskets in the year 2015 alone.



The most up-to-date version of this guide can be viewed online or downloaded and printed from www.unitedwaynaugatuck.org or by scanning the QR code above.

Whether you need help or want to give help, United Way 2-1-1 is your one-stop connection to the local services you need, from utility assistance, food, housing, child care, after school programs, elder care, crisis intervention and much more.

24 hours a day, 365 days a year, dial **2-1-1** or search online at www.211ct.org



¹ The task force is comprised of members from the following organizations, Ecumenical Food Bank, St. Michael's Episcopal Church, Sodexo-Naugatuck Public Schools, Naugatuck Youth Services, Northwest Regional Mental Health Board and Family Services of Greater Waterbury.

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LOCAL FOOD PANTRIES BY TOWN

Below and on the following pages are food pantries in the Beacon Falls and Naugatuck, organized alphabetically by town name. Hours and information are current as of June 2016. Please contact the pantry before visiting to confirm hours, availability and eligibility.

BEACONFALLS- ST MICHAEL'S CHURCH FOOD PANTRY	
<p>Contact Information: 25 Maple Avenue Beacon Falls, CT 06403 (203)729-2504</p> <p>Eligibility Criteria: Resident of Beacon Falls</p>	<p>Church Hours: Tuesday-9:00am to 3:00pm Wednesday- 9:00am to 3:00pm Thursday- 9:00am to 3:00pm Friday- 9:00am to 3:00pm</p> <p>Food Pantry Hours: Once per month by appointment only</p>
<p>About Food Provided:</p> <p>Church offers emergency food once per month to Beacon Falls Residents by appointment only</p>	
NAUGATUCK-ECUMENICAL FOOD BANK	
<p>Contact Information: 75 Spring Street PO Box 796 Naugatuck, CT 06770 (203)723-1922</p> <p>Eligibility Criteria: present valid ID, mail to the known address, Naugatuck and Beacon Falls residents. Clients can come 2x month.</p>	<p>Hours: Tuesday 2pm to 4 pm Friday 10am to 12pm (noon)</p>
<p>About Food Provided: Approximately 7 days' worth of food provided amount based on household size up to 2x per month</p>	<p>Other Resources:</p> <p>Accepts Volunteers: Yes Minimum Age:16 High School Students: Yes Court Appointed: NO</p>

SHELTON – SPOONER HOUSE	
<p>Contact Information: 30 Todd Road Shelton, CT 06484 (203)225-0453</p> <p>Eligibility Criteria: Must have demonstrated need for food, and reside in Ansonia, Beacon Falls, Derby, Naugatuck, Oxford, Seymour or Shelton. Must be 18 years of age or older.</p>	<p>Hours: By Appointment Mon – 11:00am to 2:00pm Tue – 11:00am to 2:00pm Wed – 11:00am to 2:00pm Thu – 11:00am to 2:00pm</p> <p>Email: sagamy@actspooner.org</p>
<p>About Food Provided: Approximately 7 days' worth of food provided, based on household size. Eligible households can receive food once monthly.</p>	<p>Other Resources: Personal care items, Winter wear, Baby supplies, Toiletries Household cleaning supplies and paper goods</p> <p>Accepts Volunteers: YES Minimum Age: 16 High School Students: YES Court Appointed: YES</p> <p>Top 5 Food Needs: Cereal, Canned meats, Peanut butter, Powdered milk, and Canned Tuna/Salmon/Sardines</p>
WATERBURY - SALVATION ARMY	
<p>Contact Information: Waterbury Corps Community Center 74 Central Ave Waterbury, CT 06702 (203)754-7056</p>	<p>Hours: M-F: 9am-4pm</p> <p>Documentation Required: Photo ID and Proof of Residency</p> <p>Website: www.salvationarmyct.org</p>

<p>Application Process: Must complete intake form; Call first; Referrals accepted; Walk-ins OK</p>	<p>Languages Offered: Spanish</p>
WATERBURY HOSPITAL INFECTIOUS DISEASE CLINIC FOOD PANTRY	
<p>Contact Information:</p> <p>Waterbury Hospital Health Center - Waterbury Hospital Infectious Disease Clinic (WHIC)</p> <p>140 Grandview Avenue Suite L-01 Waterbury, CT 06708 (203)-574-4187</p> <p>Eligibility: Persons with HIV/AIDS who are patients of the Infectious Disease Clinic; Resident of Greater Waterbury</p>	<p>Hours: M-F: 8:30am-5pm</p> <p>Website: www.waterburyhospital.org</p>
<p>Service Areas: Bethlehem, Thomaston, Watertown, Woodbury, Beacon Falls, Cheshire, Middlebury, Naugatuck, Prospect, Southbury, Waterbury, Wolcott</p>	<p>Application process: Walk-in M-F: 8am-4:30pm</p> <p>Payment: No fee</p>
WATERBURY- COMMUNITY TABERNACLE OUTREACH CENTER	
<p>Contact Information: 12 Hewlett Street Waterbury, CT 06710</p> <p>Voice/Fax (203)756-5981</p>	<p>Hours: M-F: 9am-5pm;</p> <p>Food pantry is open by appointment; Walk in hours for food and clothing distribution are Thursday: 12noon-1pm; Fourth Sat: of month, 10-11am</p>
<p>Service areas: Bethlehem, Thomaston, Watertown, Woodbury, Beacon Falls, Cheshire, Middlebury, Naugatuck Prospect, Southbury, Waterbury, Wolcott</p>	<p>Description: Church offers food and clothing for Greater Waterbury residents in need, but all are welcome. Clothing availability is based upon the donations that the church has received.</p>

WATERBURY- NEW OPPORTUNITIES - AIDS/HIV ASSISTANCE PROGRAM	
<p>Contact Information:</p> <p>232 North Elm Street Waterbury, CT 06702</p> <p>(203)575-4336</p> <p>(203)575-4337</p>	<p>Hours M-F: 9am-5pm</p> <p>Website www.newoppinc.org</p>
<p>Application process Must have referral from agency providing AIDS/HIV treatment or services</p> <p>Service areas Bethlehem, Thomaston, Watertown, Woodbury, Beacon Falls, Cheshire, Middlebury, Naugatuck, Prospect, Southbury, Waterbury, Wolcott</p>	<p>Community action agency for Central Naugatuck Valley, Litchfield Hills, and greater Meriden provides community based services for economically disadvantaged people to promote self-sufficiency and economic independence.</p> <p>Services for individuals and families with limited income include food pantries, eviction prevention, Fatherhood Initiative, homeless shelter, energy assistance (See separate listing for energy assistance application sites), money management and the Individual Development Account Program.</p> <p>Services and programs for children and youth include child care, and after school programs. Services and programs for seniors include Chore Service Project, Comprehensive Outreach Project for Elders Program, Senior Nutrition Services, Retired and Senior Volunteer Program, Senior Companion Program, and the Foster Grandparent Program.</p> <p>Services for people with AIDS/HIV include transitional living and case/care management, and the Meriden Supportive Housing Project. Services for ex-offenders include a Department of Correction residential program and re-entry services.</p>

WATERBURY- SAINT VINCENT DE PAUL MISSION OF WATERBURY - FOOD PANTRY	
<p>Contact Information:</p> <p>327 Baldwin Street Waterbury, CT 06706</p>	<p>Hours Food Pantry: Thursday: 1-2pm</p> <p>Website www.stvincentdepaulmission.org</p> <p>Documents Required Photo ID</p>
<p>Application Process</p> <p>Walk-in okay</p> <p>Service Areas</p> <p>Bethlehem, Thomaston, Watertown, Woodbury, Beacon Falls, Cheshire, Middlebury, Naugatuck, Prospect, Southbury, Waterbury, Wolcott</p>	<p>Description</p> <p>Faith based community service agency offers a food pantry, a soup kitchen, a homeless shelter, a thrift store, supported apartments for people with chronic mental illness, and affordable housing for working families.</p> <p>Food pantry for residents of Greater Waterbury open Thursday: 1-2pm. Walk-in okay.</p>
WATERBURY- SHALOM FOOD PANTRY	
<p>Contact Information:</p> <p>84 Crown Street Waterbury, CT 06704</p> <p>(203)558-5386</p>	<p>Hours: Every other Wednesday: 6:00pm to 7:00pm</p> <p>Document Required: Photo ID for the first visit</p>
<p>Service Areas</p> <p>Bethlehem, Thomaston, Watertown, Woodbury, Beacon Falls, Cheshire, Middlebury, Naugatuck, Prospect, Southbury, Waterbury, Wolcott</p>	<p>Description:</p> <p>Walk-in church based food pantry. Bring your own grocery bag.</p>

WATERBURY- GREATER WATERBURY INTERFAITH MINISTRIES	
<p>Contact Information: 770 East Main St Waterbury, CT 06702</p> <p>Food Pantry Voice/Fax (203)756-2830</p> <p>Soup Kitchen Voice/Fax (203)757-7734</p> <p>Website: www.gwim.org</p>	<p>Hours:</p> <p>Food Pantry- Intake held on the first Monday of the month from 7:30am to 1:30pm.</p> <p>Documents Required: Photo ID: Proof of income, residence and household size. Use the back entrance to the white house only.</p>
<p>Service Areas</p> <p>Bethlehem, Thomaston, Watertown, Woodbury, Beacon Falls, Cheshire, Middlebury, Naugatuck, Prospect, Southbury, Waterbury, Wolcott</p>	<p>Description: Four days' worth of food supplied. Individual choice of food. For Greater Waterbury residents in an emergency situation call before 2:00pm weekdays.</p> <p>For additional resources provided by the Greater Waterbury Interfaith Ministries check the website or call the soup kitchen number.</p>
WATERBURY- FIRST ASSEMBLY OF GOD FOOD PANTRY	
<p>Contact Information:</p> <p>1245 Thomaston Avenue Waterbury, CT 06704</p> <p>(203)753-8023 Church office</p>	<p>Hours</p> <p>Church office: M-F: 8:30am-4pm;</p> <p>Food pantry: Second and fourth Wednesday: 9:30-11:30am</p> <p>Documents Required Photo I.D .</p> <p>Application Process Walk-in okay</p>
<p>Service Areas</p> <p>Bethlehem, Thomaston, Watertown, Woodbury, Beacon Falls, Cheshire, Middlebury, Naugatuck, Prospect, Southbury, Waterbury, Wolcott</p>	<p>Description</p> <p>Church food pantry offers nonperishable food to people in need who live in the Greater Waterbury area. Pantry is open at 1333 Thomaston Avenue, Bay 5 on second and fourth W:</p>

	9:30-11:30am; Walk-in. Pantry is also opened at other times for emergencies; Call during church office hours: M-F: 9am-4pm.
WATERBURY- EVANGELICAL CHRISTIAN CHURCH FOOD PANTRY	
<p>Contact information: 1325 Watertown Avenue Waterbury, CT 06708</p> <p>(203)756-1293</p> <p>Church phone - Speak slowly when leaving message</p>	<p>Hours</p> <p>Second Sat: 9-10:30am; Fourth Thursday: 5-6:30pm</p> <p>Website www.christisalive.org</p> <p>Application Process</p> <p>Callers are requested to speak slowly when leaving a message on church</p>
<p>Service Areas</p> <p>Bethlehem, Thomaston, Watertown, Woodbury, Beacon Falls, Cheshire, Middlebury, Naugatuck, Prospect, Southbury, Waterbury, Wolcott</p>	<p>Description</p> <p>Church offers food to people in need on second Saturday of the month, 9-10:30am and on the fourth Thursday of the month, 5-6:30pm. Bring ID and grocery bags. Food pantry also open for emergencies; Call for appointment. NOTE: Church is located across the street from the Municipal Stadium.</p> <p>Eligibility Resident of Greater Waterbury</p>

Connecticut Food Bank Mobile Food Pantry

The Connecticut Food Bank operates a mobile food pantry that distributes food in various towns throughout the state. As of June 2016, the Connecticut Food Bank Mobile Food Pantry provides food at no cost to residents of any Connecticut town at all of its sites. Residents in need are welcome to visit any mobile pantry site to receive food.

Please contact the Connecticut Food Bank at 203-469-5000 or cfb@ctfoodbank.org for additional details and to confirm that the hours and location have not changed. For an

updated schedule and complete list of mobile pantry stops in the state, visit www.ctfoodbank.org/connecticut-food-bank-programs/mobile-pantry/mobile-pantry-schedule.

DERBY- St. Mary's Church	
Location: 212 Elizabeth Street Derby, CT 06418	Hours: 12:00pm to 2:00pm on the <u>first Tuesday</u> of every month
NEW HAVEN- St. Francis Catholic Church	
Location: 397 Ferry Street New Haven, CT 06513	Hours: 9:00am to 11:00am on the first Monday of every month in the Bright Street parking lot
NEW HAVEN – Community Baptist Church	
Location: 143 Shelton Avenue New Haven, CT 06511	Hours: 10:00am to 11:00am on the <u>first Wednesday</u> of every month
NEW HAVEN – Door of Salvation	
Location: 3 Arch Street New Haven, CT 06519	Hours: 10:00am to 11:00am on the <u>third Tuesday</u> of every month
WATERBURY – Police Activity League	
Location: 64 Division Street Waterbury, CT 06704	Hours: 9:00am to 11:30am on the <u>first Thursday</u> of every month
WATERTOWN-First Congregational Church	
Location: 40 Deforest Street Watertown, CT 06795 860-274-6737	Hours: 2:00pm to 3:00pm <u>first Wednesday of every month</u> Bring your own grocery bag

Meal Programs by Town

Information about congregate meals and meal programs in Valley towns is provided below. All information is current as of June, 2016. Please contact the programs for additional information.

ANSONIA – MASTER'S TABLE COMMUNITY MEALS, INC.	
<p>Contact Information: Assumption Roman Catholic Church 56 South Cliff Street Ansonia, CT 06401</p> <p>(203) 732-7792</p>	<p>Hours Fourth Sunday of the month; January-March: 3-5pm; April-December: 4-5:30pm;</p> <p>During holiday weekends, soup kitchen is closed and the meal is served the Sunday prior</p> <p>Website www.masterstablemeals.org</p> <p>Application Process Walk in</p>
<p>Service Areas</p> <p>Shelton and New Haven County</p> <p>Payment</p> <p>No fee</p>	<p>Program Information: Community soup kitchen serves meals to anyone in need on the fourth Sunday of the month from January-March: 3-5pm and from April-December: 4-5:30pm.</p> <p>Volunteers ages 16+ are accepted to serve as cooks, food servers, greeters and dining room attendants.</p>
NAUGATUCK ECUMENICAL OUTREACH NETWORK (NEON)	
<p>210 Church Street Naugatuck, Ct. 06770 (203) 577-7814</p> <p>Summer Snax - Bag lunch program July & August We do summer healthy snack bag's July and August for children 18 and younger. Daily Mon thru Friday. During the summer we do Family with kids' food bags to help feed them when not receiving free breakfast and lunch in school.</p>	<p>School Vacation Program</p> <p>During the children's school vacations (Dec, Feb, and April) we do family with kids food bags to help feed them when not receiving free breakfast and lunch in school.</p> <p>Sign up and referrals needed for food bags. Usually by parish, school, food bank and /or relatives .</p> <p>NEON Community Meal St. Michael's Church</p>

	<p>210 Church Street Naugatuck, Ct 06770</p> <p>Neon provides free community dinners monthly Sept-June at St Michael's Parish Hall.' That is provided free to all.</p>
WATERBURY- SAINT VINCENT DE PAUL MISSION OF WATERBURY - SOUP KITCHEN	
<p>Contact Information</p> <p>327 Baldwin Street Waterbury, CT 06706</p>	<p>Hours Soup Kitchen: M-Sat: 11am-12:30pm</p> <p>Website www.stvincentdepaulmission.org</p>
<p>Service Areas</p> <p>Bethlehem, Thomaston, Watertown, Woodbury, Beacon Falls, Cheshire, Middlebury, Naugatuck, Prospect, Southbury, Waterbury, Wolcott</p>	<p>Description:</p> <p>Lunch served daily, M-Sat: 11am-12:30pm</p>
WATERBURY- GREATER WATERBURY INTERFAITH MINISTRIES	
<p>Contact Information:</p> <p>770 East Main Street Waterbury, CT 06702</p> <p>(203)757-7734</p>	<p>Hours: Soup kitchen: M-F: 11am-1pm; Bag lunches distributed Sun: 8-11am</p> <p>Website www.gwimwaterbury.org</p>
<p>Service Areas</p> <p>Bethlehem, Thomaston, Watertown, Woodbury, Beacon Falls, Cheshire, Middlebury, Naugatuck, Prospect, Southbury, Waterbury, Wolcott</p>	<p>Description</p> <p>Soup kitchen serves meals to anyone in need M-F, 11am-1pm.</p> <p>Bag lunches are also distributed Sun: 8-11am at Waterbury Baptist Ministries, 222</p>

	West Main Street (Holmes and West Main Streets), Waterbury.
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Farmer's Markets by Town

Local Farmer's Markets in the area are listed below alphabetically by town with street addresses, telephone contact information, and hours of operation that are current as of June, 2016. **Please contact the market by phone to confirm hours, location and if you have specific questions.** Additional Farmers' Markets can be found by visiting <http://www.ct.gov/doag/site/default.asp>

BETHANY FARMER'S MARKET	
Location: Bethany Old Airport Route 63 711 Amity Road Bethany, CT (203) 645-8192	Pay with: Cash, WIC FMNP, Senior Coupons Website: www.bethanyfarmersmarket.org
About the Market: Organic vegetables, fruits, cheese, honey, syrup. Soap and more.	Hours: Saturday 9:00am to 1:00pm July 2nd through October 8 th
NAUGATUCK FARMER'S MARKET	
Location: Naugatuck Town Green Church at Maple Streets Naugatuck, CT 06770	Pay with: Cash, WIC, FMNP, SENIOR COUPONS Credit Card Machines available. Website: www.farmfresh.org/
About the Market: CT grown produce sold, vegetables and fruit, organic and heritage breeds. Breads, jellies, meats	Hours: Wednesdays 9:00 am to 2:00 pm Sundays 9:00 am to 1:00am Begins the first Wednesday following July 4 th (July 6 th) 2016
SEYMOUR - FARMER'S MARKET	
Location: Municipal Parking Lot 70 Pine Street Seymour, CT 06483 203-723-8885 Gazy Bros Farm	Pay with: Cash, FMNP Website: http://www.localharvest.org/seymour-farmers-market-M1760

<p>About the Market (2014 season): The Seymour Farmers Market was established in 1995 for the purpose of supporting the downtown revitalization project. It was started in cooperation with former First Selectman John O'Toole, the CT Department of Agriculture, Guy and Pat Beardsley, and several local farmers.</p>	<p>Hours: Tues 12pm to 6pm May 10th through October 25th .</p>
SHELTON FARM & PUBLIC MARKET	
<p>Location: 100 Canal Street E Shelton, CT 06484 203-929-3080</p>	<p>Pay with: Cash, EBT/SNAP, FMNP Website: http://www.farmfresh.org/food/farmersmarkets_details.php?market=308</p>
<p>About the Market: The Farm & Public Market is housed in a newly constructed 2,220 sq. ft. market pavilion. Part of the 10 acre Shelton Enterprise & Commerce Park, it is located on the Housatonic River in heart of downtown.</p>	<p>Hours: Wednesday: 3:00 PM to 6:30 PM Saturday: 9:00 AM to 1:00 PM Saturdays run May through November Wednesdays run June through October</p>
WATERBURY FARMER'S MARKET	
<p>Location: Brass City Market 86 Bank Street Waterbury, CT Waterbury, CT 860-713-2544 Rick Macsuga</p>	<p>Pay with: Cash, SNAP/EBT, FMNP Website: http://www.farmfresh.org/food/farmersmarkets_details.php?market=327</p>
<p>About the Market:</p>	<p>Hours: Thursdays & Fridays 10am to 3pm July 7th through October 27th</p>
WATERTOWN FARMER'S MARKET	
<p>Location: Watertown Library Parking Lot 470 Main St Watertown, CT 06795 860-945-5246 Emily O'Connor</p>	<p>Pay with: Cash, EBT/SNAP, FMNP Website: http://www.farmfresh.org/food/farmersmarkets/_details.php?market=502</p>

About the Market:	Hours: Saturdays 9:00am to 1:00pm
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Senior Meal Programs

This information is current as of June, 2016. Please contact the programs if you have additional questions or require additional information.

DERBY – CONGREGATE MEALS – SENIOR MEALS CHOICE AT GRIFFIN HOSPITAL –TEAM, INC.	
<p>Contact Information: Griffin Hospital Dining Room 130 Division Street Derby, CT 06418</p> <p>TEAM Nutrition Coordinator (203)736-5420 ext. 227</p> <p>Suggested Donation: \$3.00 if unable to make donation service will not be denied</p>	<p>Program Information: Hot meals served Tuesday, Wednesday and Thursday 5:00 to 6:30PM and Thursday 11:45 am to 2pm. 60+</p> <p>Reservations: Call to enroll and reserve meals 24 hours in advance. Example to participate on Tuesday please call on Monday.</p> <p>Eligibility: Age 60+ or the spouse of an eligible individual regardless of age</p>
NAUGATUCK- NAUGATUCK SENIOR CENTER	
<p>Contact Information:</p> <p>300 Meadow Street Naugatuck, CT 06770</p> <p>(203)720-7069</p> <p>(203)720-7000</p> <p>FAX</p> <p>(203)-720-7250</p>	<p>Hours M-F: 7:30am-4pm</p> <p>Website www.naugatuck-ct.gov/</p> <p>Application Process Reservation required by 12noon 24 to 48 hours in advance</p> <p>Eligibility Age 60+; Resident of Naugatuck</p>
<p>Service Areas Naugatuck</p> <p>Suggested Donation: \$3.00</p>	<p>Description Lunch served/ Call for daily menu</p> <p>Monday, Tuesday, Thursday and Friday at 11:30am.</p>

SEYMOUR – CONGREGATE MEALS– REV. A. CALLAHAN HOUSE – TEAM, INC.	
<p>Contact Information: 32 Smith Street Seymour, CT 06483</p> <p>(203) 888-4579</p> <p>For reservation please contact the TEAM Nutrition Coordinator (203)736-5420 ext. 227</p> <p>Suggested Donation: \$3.00 if a person is unable to make the donation service will not be denied</p>	<p>Program Information: Hot lunches served Monday through Friday at 12:00pm to 1:30pm. Ages 60+.</p> <p>Reservations: Call 24 hours in advance. Example to participate on Tuesday please call on Monday. Eligibility: Age 60+ or the spouse of an eligible person regardless of age. In addition, disabled individuals who have not reached 60 years of age but reside in housing facilities occupied primarily by older persons are also eligible.</p>
WATERBURY- NEW OPPORTUNITIES - SENIOR NUTRITION SERVICES	
<p>Contact Information:</p> <p>232 North Elm Street Waterbury, CT 06702</p> <p>(203)757-7738 Congregate Meals</p> <p>TOLL FREE 1-(800)-455-3677 Administration - Waterbury</p>	<p>Hours</p> <p>M-F: 8am-4pm</p> <p>Website</p> <p>www.newoppinc.org</p> <p>Application Process</p> <p>Reservation required</p>
<p>Service Areas</p> <p>Bethlehem, Thomaston, Watertown, Woodbury, Beacon Falls, Cheshire, Middlebury, Naugatuck, Prospect, Southbury, Waterbury, Wolcott</p> <p>Suggested Donation: \$3.00 congregare meal served only at Naugatuck Senior Center</p>	<p>Description</p> <p>Elderly Nutrition Program administers the program for towns in the Greater Waterbury area. A hot, midday meal is served at 14 congregare meal sites in the Greater Waterbury area.</p> <p>Eligibility Ages 60+; Resident of Beacon Falls, Bethlehem, Cheshire, Middlebury, Naugatuck, Prospect, Southbury,</p>

	Thomaston, Waterbury, Watertown, Wolcott, Woodbury
WATERBURY- NEW OPPORTUNITIES- SENIOR NUTRITION SERVICES- SENIOR DINE	
<p>Contact Information:</p> <p>232 North Elm Street Waterbury, CT 06702</p> <p>(203)757-7738</p> <p>TOLL FREE 1-(800)-455-3677</p> <p>Administration - Waterbury</p>	<p>WATERBURY</p> <p>Monteiro's 161 Fairfield Avenue 203.573.0645 Monday-Friday 6am-2pm</p> <p>Paisano's 538 Meriden Road 203.757.2629 Monday-Friday-6am-4pm</p> <p>Seven Villages 30 Bank Street 203.755.4222 Monday-Friday-6am-3pm</p> <p>The Brass House 2620 South Main Street 203.755.4910 Monday-Friday-6am-5pm</p> <p>WOODBURY</p> <p>Elenni's 40 Sherman Hill Road 203.263.2566 Monday, Wednesday & Friday-11am-3:30pm</p> <p>BETHLEHEM</p> <p>Painted Pony 74 Main Street South 203.266.5771 Monday-Friday-11:30am-3pm</p>
<p>Program Description:</p> <p>Senior Dine is a restaurant based meal program operated by Senior Nutrition Services of New Opportunities, Inc. The program is available to area</p>	<p>You can use your card at any participating location during their Senior Dine hours</p> <ul style="list-style-type: none"> •Present your card to your server prior to ordering. Your server will

<p>residents aged 60 or over. There is no income eligibility requirement to join.</p> <p>Suggested donation: \$3.50-\$5.00 per meal</p> <p>Registered participants can dine at area restaurants. Senior Dine offers more flexible schedules and meal choices than traditional Senior Community Cafes. Senior Dine works with local restaurants to develop menus that are affordable and healthy.</p> <p>The initial registration for Senior Dine must be done in person.</p> <ul style="list-style-type: none"> •Contact Senior Nutrition Services at 203.757.7738 to schedule an appointment or visit us online at www.NewOpplnc.org for other registration locations in your area. •During registration, you will complete a brief intake form. You will submit an order form and provide your first donation based on the number of meals you would like. •A card will be provided to you immediately and can be used within 24 hours. •All future meal orders can be placed via mail or in person. It will take approximately 5 days for mailed orders to be reflected on your card. 	<p>provide you with a Senior Dine Menu. No substitutions or take-outs available.</p> <ul style="list-style-type: none"> •Your server will swipe your card and present you with the receipt. The receipt will indicate how many credits you have remaining on your card. •Once you are down to “2 Credits”, the receipt will indicate “recharge” to remind you to order more meals on your card. <p>Actual value of most meals is \$10.00</p> <ul style="list-style-type: none"> •Please remember to tip your server based on the full value of the meal!
WATERBURY- NEW OPPORTUNITIES - SENIOR NUTRITION SERVICES- MEALS ON WHEELS WITH ANIMEALS	
<p>Contact Information:</p> <p>232 North Elm Street Waterbury, CT 06702</p> <p>To apply for Meals on Wheels with Animeals please contact: Western Area Agency on Aging:</p>	<p>Hours</p> <p>M-F: 8am-4pm</p> <p>Website www.newoppinc.org</p> <p>Application Process Reservation required</p>

(203)757-5449	
<p>Service Areas</p> <p>Beacon Falls, Bethlehem, Cheshire, Middlebury, Naugatuck, Prospect, Southbury, Thomaston, Waterbury, Watertown, Wolcott, Woodbury:</p> <p>Suggested Donation: \$5.00</p>	<p>Description</p> <p>Elderly Nutrition Program administers the Meals-On-Wheels program which delivers a hot meal to people age 60+ who are homebound and live in the Greater Waterbury A private pay program is also available for people with qualifying conditions who are under age 60.</p> <p>Qualifying conditions means either a short-term or permanent disability, or are recuperating from a serious illness or surgical procedure, and are unable prepare their own meals.</p> <p>The Meals-On-Wheels program, through Animeals, will also deliver pet meals for companion dogs and cats that live in the same residence with a person receiving Meals on Wheels on a daily basis upon request at no extra charge.</p> <p>Eligibility</p> <p>Ages 60+; Homebound; Resident of the service area.</p>

Summer Lunch Program


This information is current for the summer of 2016.



June 27-August 19, 2016	
<p>Naugatuck High School 543 Rubber Ave Naugatuck, CT 06770</p> <p>Monday through Friday 11:00am to 12:15pm</p>	<p>Hop Brook Elementary School 75 Crown Street Naugatuck, CT 06770</p> <p>Monday through Friday 11:30am to 12:30PM</p>
<p>Central Avenue Preschool 28 Central Ave</p>	<p>Salem Elementary School 124 Meadow Street</p>

Naugatuck, CT 06770 Monday through Friday 11:00am to 12:15pm	Naugatuck, CT 06770 Monday through Friday 11:30am to 12:30pm
Andrew Avenue Elementary School 140 Andrew Ave Naugatuck, CT 06770 Monday through Friday 11:30am to 12:30pm	Linden Park Linden Street Naugatuck, CT 06770 Monday through Friday 11:30am to 12:30pm
Naugatuck YMCA 284 Church Street Naugatuck, CT 06770 Monday through Friday 11:30am to 12:30pm	Baumers Pond Mill Street Naugatuck, CT 06770 Monday through Friday 11:30am to 12:30 pm
Legion Field Conrad Street Naugatuck, Ct. 06770 Monday through Friday 11:30am-12:30pm	

School Lunch Programs

This information is current as of April 2016. Please contact the program for questions or if you require additional information.

BEACON FALLS PUBLIC SCHOOLS- REGION 16	
<p>Contact Information:</p> <p>30 Coer Rd Prospect, CT 06712</p> <p>Voice:</p> <p>(203)758-6671</p> <p>Fax:</p> <p>(203)758-5797</p>	<p>Hours:</p> <p>During the school year. August through June</p> <p>Website www.region16ct.org</p> <p>Scan the QR code above to visit the website</p> <p>For sites near you call/llame: 211 Text: CTmealsto 877877 Or visit CTsummerfood.org</p> 

<p>Service Areas:</p> <p>Beacon Falls and Prospect</p> <p>Lunch is available at all schools</p>	<p>Description:</p> <p>Breakfast only program for Regional High School in Beacon Falls and Middle School in Prospect.</p> <p>Eligibility:</p> <p>Beacon Falls and Prospect residents grades K- 12</p>
NAUGATUCK PUBLIC SCHOOLS	
<p>Contact Information:</p> <p>497 Rubber Avenue Naugatuck, CT 06770</p> <p>(203)720-5265</p>	<p>Hours:</p> <p>During the school year. August through June</p> <p>Scan the QR code above to visit the website</p> <p>Website https://naugatuckps.sodexomyway.com/</p> 
<p>Service Areas</p> <p>Naugatuck</p> <p>Breakfast and Lunch programs are available at all schools.</p>	<p>Description</p> <p>Free or reduced fee school breakfast/ lunch program.</p> <p>Eligibility</p> <p>Naugatuck residents in Grades K-12</p>
 <p>End Hunger CT QR code for Summer Lunch or visit: http://www.ctsummermeals.org/</p>	

Resource Guides from 2-1-1

Below and on the following pages are resource guides from 2-1-1 on the topics of Government Surplus Food, School Meal Programs, Summer Food Programs, Food Stamps/SNAP, and WIC. The guides are current as of June 2016, and the most up-to-date versions can always be found on the 2-1-1 website at <http://www.211ct.org/>.

GOVERNMENT SURPLUS FOOD

There are many government programs that utilize surplus food to feed people in need.

- The U.S. Department of Agriculture (USDA) acquires agricultural commodities through price support programs, surplus removal, and direct purchases from national markets.

- These commodities are distributed through the USDA to the states and sometimes directly to local programs that provide food to people in need.
- In Connecticut, eligible schools, charitable institutions, summer camps, and agencies that operate surplus food distribution programs apply directly to the USDA for surplus foods.
- The Connecticut Department of Social Services administers The Emergency Food Assistance Program (TEFAP) which distributes surplus foods to food banks, which, in turn, give food to member soup kitchens, homeless shelters, and food pantries that provide food to individuals and households.

WHO IS ELIGIBLE FOR SURPLUS FOOD?

- Connecticut agencies serving specific groups (such as nursing homes serving the elderly, or day care centers serving preschool children)
- Connecticut homeless shelters, soup kitchens, and food pantries.

HOW TO FIND PROVIDERS IN CONNECTICUT'S COMMUNITY RESOURCES DATABASE

Visit www.211ct.org and search by service name for Commodity Supplemental Food Program

HOW TO OBTAIN SERVICE:

Ask at child's school to see if the school offers this program; if so, obtain an application form from the school. Forms can be mailed to parents or sent home with the children. Parents who receive TFA or SNAP (food stamps) can put their State Assistance ID # on the form. They do not have to fill out the income section because if eligibility has been determined already for TFA or SNAP.

they are categorically eligible for free school meals.

TIMETABLE:

Parents/guardians can apply for free/reduced meals at any time during the school year.

WILL OTHER KIDS KNOW THAT MY CHILD IS GETTING A FREE MEAL?

All children receive the same meal and use the same eating facility regardless of what they are paying for the meals. It is illegal for students getting a free or reduced price meal to be given special meal tickets, be made to use different lines or rooms, or be given a different choice of food.

FOR PROBLEMS ACCESSING SERVICE AT A SITE, CONTACT DOE'S BUREAU OF HEALTH AND NUTRITION SERVICES. TO FIND SITES:

Go to the Department of Education's Summer Food Service web page:

<http://www.sde.ct.gov/sde/cwp/view.asp?a=2626&q=320652>

FOOD STAMPS/SNAP (SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM)

The most up-to-date version of this guide can always be found online at: <http://www.211ct.org/>

PROGRAM ADMINISTRATION:

The Food Stamp program (now known as SNAP) is a federal program administered by the US Department of Agriculture and managed in Connecticut by the Department of Social Services (DSS). The following is summarized from the DSS website <http://www.ct.gov/dss/cwp/view.asp?a=2353&q=411676>.

WHO CAN GET SNAP?

A person must be a U.S. citizen or an eligible non-citizen to qualify for SNAP.

U.S. citizens and certain legal immigrants who have little or no income are likely to be eligible for SNAP. This includes, but is not limited to, people who are:

- Unemployed
- Retired with no or low pension or Social Security income
- Working, but earning low wages
- On state cash assistance (TFA, SAGA, or State Supplement)
- Homeless
- Legal immigrants who are disabled and receiving disability benefits (SSI, or disability related Medicaid) are eligible for SNAP without a waiting period.
- Students in post-secondary schools (college) can receive SNAP if:
 - Age under 18 or 50+
 - Physically or mentally disabled
 - Receiving TFA
 - Responsible for more than 50% of the care of a dependent family member if under age 6 or ages 6-12 if adequate care is not available
 - Enrolled less than half time
 - Enrolled half time or more and employed a minimum of 20 hrs./wk.
 - Placed in higher education by the Workforce Investment Act program.
 - Participating in a federally financed work study program during the regular school year
 - Participating in an on-the-job training program through the Workforce Investment Act (WIA) program, or in a program under Section 236 of the Trade Act of 1974, or in a Food Stamp Employment and Training program, or in an employment and training program for low income households that is operated by a state or local government entity.

SNAP: To apply: (866) 974-SNAP 7627 www.ctsnap.org

For help applying for SNAP benefits visit Staywell Health Center 30 Church Street, Naugatuck, CT this site will be up and running by June 30th 2016.

USDA WEBSITE ON ELIGIBILITY

http://www.fns.usda.gov/snap/applicant_recipients/eligibility.htm

INCOME RESTRICTIONS

- Beginning July 1, 2009, income limit for most households is 185% of the Federal Poverty Level (FPL), with no net income or asset limit. Households with an elderly (ages 60+) or disabled member do not have to meet a gross income limit. Instead, shelter, medical, and other qualifying expenses are deducted from gross income. If the gross income of an elderly/disabled household is below 185%

- FPL, there is no asset test and there is no net income test. However, if the elderly/disabled household's income exceeds 185% FPL, the net income after allowable deductions cannot be more than 100% FPL and they cannot have more than \$3,250 in countable assets.
- Combat pay is not included as income.

ASSET RESTRICTIONS

- Elderly or disabled households with gross income over 185% FPL is \$3,250. There is no asset limit if gross income is at or below 185% of FPL.
- Not all assets count toward the asset limit.
- The value of a house a person owns and lives in is not counted and a lien is not placed on a home.
- Retirement accounts are not counted as assets.
- Car value is NOT counted as an asset.

WHERE DO PEOPLE APPLY?

Apply for SNAP at the DSS office that serves your town or download an application at <http://www.ct.gov/dss/lib/dss/pdfs/applications/w-1e.pdf> and mail it in. Applicants can do their required interview by phone; it is not necessary to go to a DSS office.

- **Note:** The Community Health Centers located throughout the state are designated SNAP Outreach sites and they can assist with eligibility screening. For a list of locations, see the 2-1-1 database: Benefits Assistance * Food Stamp/SNAP Recipients
- If disabled and unable to go to a DSS office, you can request that an authorized representative apply for you.
- People who apply for or receive SSI can apply for SNAP at the Social Security office located nearest their home.

END HUNGER CT. Snap Info Line - [\(866\) 974-7627](tel:8669747627)

This is a source to get help with SNAP Applications and re-determinations

WHAT DOCUMENTS ARE NEEDED?

- Identification
- Proof of citizenship or refugee status.

Legal immigrants with permanent residence status ("green card") should call to ask what documentation is required.

Proof of earned and unearned income

- For elderly/disabled households whose income exceeds 185% FPL, documentation of countable assets (bank account statements, stocks, bonds, CDs, etc.
- Social Security numbers for everyone in the household.
- Verification of shelter expenses, such as rent receipt or lease, and utility bills.
- Verification of out-of-pocket child and dependent care expenses
- Verification of court ordered child support payments

- Elderly/disabled households should also verify out-of-pocket medical expenses.

HOW LONG DOES IT TAKE TO GET SNAP?

- The DSS office must act on applications within 30 days of the date a person submits a signed application. Eligible households will have benefits in their EBT account within four days of the date that DSS grants their application.
- In emergency situations, person may be eligible for Expedited SNAP, which can be obtained within 7 days instead of 30 days. (See EXPEDITED SNAP, below.)
- The 30-day period begins the day that the signed application is received in the DSS office. Also, the first month of SNAP is prorated from the day that the application is signed, so it is very important to at least put name and address on the application, SIGN it, and submit it to the appropriate DSS office, even if the applicant needs to provide more information and/or documentation to support the application.

EXPEDITED SNAP (also known as EMERGENCY FOOD STAMPS)

Some people can get SNAP benefits within seven days of the date they apply. To qualify for Expedited SNAP a person must:

- Have income less than \$150 per month and assets of \$100 or less.
- OR have monthly rent/mortgage and utility expenses that are more than total monthly income plus liquid assets.
- OR be a destitute migrant or seasonal farm worker
- ID is the only documentation required for the first month of expedited SNAP

ELECTRONIC BENEFITS TRANSFER (EBT)

All benefits are issued into the recipient's EBT account. If your last name starts with A-F, you will receive benefits on that 1st of the month; G-N on the 2nd, and O-Z on the 3rd. Benefits are issued on these dates even if it's a holiday or weekend.

When granted SNAP, an EBT card is mailed to you, along with instructions on how to set up your PIN (Personal Identification Number). This number is your secret code that allows only you to access your benefits. If you give this number to someone else, they can access your benefits if they have your card. Keep your PIN number safe and do not keep it with your card.

Benefits removed from your EBT account will not be replaced. If you lose your EBT card, you must contact your worker to get a new card. If your card is stolen, you must call 1-888-328-2666 and report it stolen so that the EBT card can be cancelled immediately.

WHAT IS THE APPEAL PROCESS IF SNAP BENEFITS ARE DENIED?

Request for appeal of a denial must be made within 90 days of the date of the decision notice. Request a hearing by calling the Fair Hearing Unit at 1-800-462-0134 or write to: Fair Hearing Unit, Department of Social Services, 25 Sigourney Street, Hartford, CT 06106.

ADVOCACY

For information concerning legal rights or for assistance with an appeal call Statewide Legal Services. End Hunger Connecticut provides advocacy for the food needs of low income

children and adults in the State of Connecticut.

OTHER RESOURCES

End Hunger Connecticut has an online SNAP prescreening tool in English and Spanish at <http://www.ctfoodstamps.org/>. Also, End Hunger SNAP Outreach Advocates can assist with eligibility questions, problems with applications, and other services needed for recipients, ages 50+, to receive and maintain benefits under the SNAP/Food Stamp program. Services include pre-eligibility screening and assistance with applications, re-determinations, periodic review forms and verifications.

USDA designed Spanish-language SNAP Retailer Locator, an online search tool designed to help recipients find SNAP authorized stores near their home or workplace, see: <http://www.snapretailerlocator.com/>

TO FIND PROVIDERS IN CONNECTICUT'S COMMUNITY RESOURCES DATABASE:

Visit www.211ct.org and search by service name for Food Stamps/SNAP

WIC - WOMEN, INFANTS, AND CHILDREN PROGRAM

The most up-to-date version of this guide can always be found online at

<http://www.211ct.org/InformationLibrary/Documents/WIC%20cw.asp>

WIC is a federal grant program administered nationally by the U.S. Department of Agriculture www.fns.usda.gov/wic/ and at the state level by the Connecticut State Department of Public Health www.ct.gov/dph/wic

WIC is not an entitlement program. Congress does not set aside funds to allow every eligible individual to participate in the program. It is a grant program for which Congress authorizes a specific level of funding each year.

PROGRAM DESCRIPTION:

WIC provides specific nutritious foods and nutrition education to eligible pregnant women, postpartum women up to six months regardless of how pregnancy ends, breastfeeding women up to one year after delivery, and infants and children up to their fifth birthday. WIC participants receive monthly checks for the purchase of infant cereal, iron-fortified adult cereal, vitamin C-rich fruit or vegetable juice, eggs, milk, cheese, peanut butter, dried and canned beans/peas, canned fish, soy-based beverages, tofu, fruits and vegetables, baby foods, whole wheat bread, and other whole-grain products. Foods covered may depend upon the nutritional needs of the individual.

Recipients are re-certified every six months to determine if medical or nutritional risk exists. Recipients receiving WIC benefits in Connecticut must be state residents, but U.S. Citizenship or permanent residency status is not required.

ELIGIBILITY:

- Pregnant and up to 6 months postpartum or up to 12 months if breastfeeding.

- Child/children up to their fifth birthday.
- Income at or below 185% of the Federal Poverty Level. (NOTE: A pregnant woman is counted as 2 when determining family size; 3 if she is carrying twins, etc.)
- Must be at nutritional risk.
- Must be a Connecticut resident.
- It is not necessary to be a U.S. citizen or a documented immigrant.

OTHER WIC INFORMATION:

- If applicant lives with her/his parents and he/she is not on Healthy Start/Medicaid or does not have a job, the parent's income is counted.
- An unborn child is counted in family size when determining income eligibility.
- WIC checks do not reduce SNAP benefits (food stamps).
- Food is prescribed according to the nutritional and developmental needs of the recipients.
- Checks must be picked up in person.
- Checks have expiration dates and must be used before expiration.
- Participants are given appointment times for nutrition education and the issuance of additional checks.
- Many stores accept the checks.
- Checks do not have a dollar amount; food items and amounts are specified on the vouchers, and these items can be bought regardless of the price.
- WIC Unit at the Connecticut Department of Public Health authorizes retailers to be able to accept WIC checks as payment for food.
- Between July and October, WIC recipients also receive \$15 coupons to buy fruits and vegetables at local farmers' markets.

WIC - Satellite clinics by appointment only:

Thursdays (2 per month) 9am - 3 pm
 Naugatuck Senior Citizen Center
 300 Meadow Street
 Naugatuck, Ct. 06770
 203-888-1271

WAITING LIST/PRIORITY SYSTEM:

Sometimes, WIC agencies do not have enough money to serve everyone who needs WIC or calls to apply. When this happens, WIC agencies must keep a waiting list of individuals who want to apply and are likely to be served. WIC agencies then use a special system, called a Priority System, to determine who will get WIC benefits first when more people can be served. The purpose of the priority system is to make sure that WIC services and benefits are provided first to participants with the most serious health conditions such as anemia (low blood levels), underweight, and history of problems during pregnancy. WIC participants who move from one

area or state to another are placed at the top of a waiting list when they move and are also served first when the WIC agency can serve more individuals. WIC participants who move can continue to receive WIC benefits until their certification period expires as long as there is proof that the individual received WIC benefits in another area or state. Before a participant moves, they should tell the WIC office. In most cases, WIC staff will give the participant a special card which proves that the individual participated in the WIC program. When the individual moves, they can call the new WIC office for an appointment and take the special card to the WIC appointment in the new area or state.

HOW TO APPLY:

Contact your local WIC office; (Note: There is no direct service at the Connecticut Department of Public Health)

FAIR HEARING

Anyone who has been denied WIC eligibility has the right to a fair hearing. Request for a hearing must be made within 60 days of the denial of benefits.

TO FIND PROVIDERS IN CONNECTICUT'S COMMUNITY RESOURCES DATABASE:

Visit www.211ct.org and search by service name for WIC



Here's to Healthy Eating for Every Resident of
Naugatuck and Beacon Falls