

A Few Facts about Food Security

Food security is defined as the ability to reliably access a sufficient amount of affordable and nutritious food.

One in seven children in the United States suffers from food insecurity. In Connecticut, the most recent statistics on food insecurity state the number of individuals living at or below the federal poverty level is 10%. That means over 359,000 individuals in this state alone lack the ability to access affordable and nutritious food on a regular basis. In Naugatuck and Beacon Falls that number translates to almost 3,000 people, with over 26% under the age of 18. With a total population of almost 38,000 people between the two valley towns, almost 1,000 of those individuals are children who go to bed hungry.

In 2015 alone the Ecumenical Food Bank in Naugatuck served 8875 people, 110,880 meals, 707 families, distributed 15,814 bags of food and 283 Holiday baskets to families in need.

Whether you need help or want to give help, United Way 2-1-1 is your one-stop connection to the local services you need, from utility assistance, food, housing, child care, after school programs, elder care, crisis intervention and much more.

24 hours a day, 365 days a year, dial 2-1-1 or search online at www.211ct.org



A guide from the United Way of Naugatuck and Beacon Falls, the Naugatuck Social Services Network and the Naugatuck Partnership for Children Food Security Task Force. This guide is intended to provide a quick reference to food resources in Naugatuck and Beacon Falls and contains current information as of June 2017.

Please contact the desired program if you have questions or require additional information.



Here's to Healthy Eating

For Every Resident of

Naugatuck and Beacon Falls



Quick Guide to Food Resources in Naugatuck & Beacon Falls



Need more detailed information?

Scan the QR code below for a link to the entire document.



Local Food Pantries by Town

Beacon Falls-St. Michael's Church Food Pantry
(203) 729-2504 Every Third Tuesday 9am-3pm

Naugatuck Ecumenical Food Bank
(203) 723-1922 Tuesdays 2pm-4pm | Fridays 10am-Noon

Shelton Spooner House-
(203) 225-0453 By Appt. | M-Thurs. 11am-2pm

Waterbury- Salvation Army
(203) 754-7056 M- F 9am- 4pm

Waterbury Hospital- Infectious Disease Food Pantry
(203) 574-4187 M-F 8:30am-5pm

Waterbury- Community Tabernacle Outreach Center
(203) 756-5981 M-F 9am-5pm

Waterbury- Shalom Food Pantry
(203) 558-5386 First & Third Wednesday 4pm-6pm

Waterbury- St Vincent De Paul Food Pantry/Soup Kitchen
327 Baldwin St Waterbury, CT
Website: www.svdpmmission.org Thursdays 1pm-2pm

Waterbury- First Assembly of God
(203) 753-8023 Second and Fourth Wednesday 9:30am-11:30am

Waterbury- Evangelical Christian Church
(203) 756-1293 Every Fourth Saturday 9am-10:30am
Every Second Thursday 5pm-6:30pm

Waterbury- Greater Waterbury Interfaith Ministries
(203) 756-2830 Last Monday of The Month 7:30am-1:30pm

Meal Programs by Town

Ansonia- Master's Table Community Meals-
(203) 732-7792

Naugatuck Ecumenical Outreach Network (NEON)
(203) 577-7814 Call for more information regarding Summer Bag Lunch Program called Summer Snax

Waterbury- Greater Waterbury Interfaith Ministries
(203) 757-7734

Senior Meal Programs

Derby- Congregate Meals- Senior Meals Choice Griffin Hospital TEAM, Inc.
(203) 736-5420 ext. 227
Tuesday, Wednesday, Thursday 5pm-6:30pm
Thursday 11:45-2pm 60+

Naugatuck Senior Center
(203) 720-7069 M-F 7:30am- 4pm

Seymour- Congregate Meals- Rev. A. Callahan House-TEAM, Inc.
(203) 736-5420 ext. 227 M-F Noon -1:30 60+

Waterbury- New Opportunities- Senior Nutrition Services, Meals on Wheels, Animeals and Senior Dine
Toll Free- Administration Waterbury
1-(800)-455-3677 M-F 8am-4pm
(203)757-7738



Summer Lunch Programs

June 26th through August 18th, 2017

All are Monday through Friday

NAUGATUCK



Scan the QR code for a link to the current information.

Naugatuck High School-11:00-12:00
Hop Brook Elementary School-11:30-12:15
Central Avenue Preschool-11:00-12:00
Salem Elementary School-11:30-12:15
Andrew Avenue Elementary School-11:30 -12:15
Linden Park-11:30-12:15
Naugatuck YMCA-11:30-12:15
Baumers Pond-11:30-12:15
Legion Field-11:30-12:15

BEACON FALLS



Scan the QR code for a link to the current information.

For sites near you call/llame: 211
Text: CTmeals to 877877
Or visit CTsummerfood.org